

## Smartwatch GT4



## User Manual

Thank you for choosing our product!

To have a comprehensive understanding and using this device, to know all the features and simple operation method, please read this manual first.

The functions on the user manual may be little different with physical, please make the final products as the standard.

The typing errors in this manual and discrepancies will be timely updated with the latest products. If we have updates, this manual will be subject to change without notice. Our company reserves the right of final interpretation.



This product has a built-in rechargeable lithium battery. Safety warnings for battery use: do not disassemble, strike, squeeze or put into fire; if it is severely swollen, do not continue to use it; do not place it in a high temperature environment; do not use the battery after it is immersed in water.

Do not use it when have a hot shower/bath or sauna, the vapors will get into the host, scratch damage of peripheral components. All these are beyond the scope of the warranty.



This product is not a medical device. The health data and suggestions provided are for reference only, not as a basis for diagnosis and treatment.

### Operation Guide:

**Button:**

Upper button: Press to enter main menu. Double press to switch the menu style. scroll the button to switch the menu, zoom in/out the honeycomb menu or switch the watch faces.

Bottom button: Hold to Power On/Off the device.

**Touch instructions:** Tap to enter and swipe right to back; Slide down enter the status bar; slide up enter the notification center. slide left to enter favorite functions, add by user to tap the +, maximum add 5 functions, hold to enter the function.

**Watch face switch:** Tap and hold the home screen to change the different watch faces.

**Charging instruction:** It adopts wireless charger. Support within 5V phone charger with USB port. Put the charger at the back of the device, it will charge automatically. It usually takes 3 hours to full charging.

**Watch connects to Phone, download the App “MActivePro” in the Phone at very beginning, reference following 2 methods:**

1)iOS, Android/iOS Phone: Scan following QR code image by browsers or by any Scanner to Download “MActivePro” .



2)Android Phone: search and download “MActivePro” app from Google Play Store.

iOS phone: search and download “MActivePro” app from Apps Store.


After installation, confirm the notifications and all others permission "MActivePro" asks are enabled, ensure phone Bluetooth is ON, and register account in the MActivePro, fill in user information. Tap Device-Add device, search "GT4" to connect, also can scan the QR code in watch to connect. Some phones need turn on the GPS in the smart phone before binding.

**What if I don't get the notice; in MActivePro, Device- Notifications, select the Apps turn on the switch to allow.**

1. First, the notification of the watch is only to synchronize the notification from the phone, such as incoming E-mail, WhatsApp, WeChat, email reminder, if your phone has not received the notification, the watch is also not received, to set the notification function in the phone, find the Apps, turn on to allow notification.
2. Unpair the watch GT4 with phone in phone Bluetooth setting, turn off the Bluetooth of the phone, reset the watch to factory setting and reconnect it.
3. Delete "MActivePro" and download it again. Notice that all permissions should be allowed to turn ON during the installation process, and then the watch should be reconnected.

- **Firmware upgrade:** Under Bluetooth connected, in "MActivePro" , Tap "Device" - "Firmware update" , if there is new firmware available, click to update to the latest watch firmware version. Charge it to activate the watch if update failure.

#### **Main Features:**

- **Calling:** Tap the Bluetooth 3.0 icon  in the drop-down status bar. When the icon is blue, the phone enters settings-Bluetooth-search for "watch call" to pair. Bluetooth 3.0 can be turned off to enter low power consumption mode, which can extend the working time.
- **Phonebook:** Sync all the contacts in the cellphone, maximum is 100 usual contacts.
- **Language/Time/Date:** It will synchronize the date & time from the phone when Bluetooth is connected with App. Set your daily language in the very first time activate the watch.

- **Standby watch face:** There are some watch faces to choose from the standby interface, long press the screen for 3 seconds to switch the watch faces, you can download the watch face through the APP, or you can set your favorite photos or pictures as the watch face wallpaper.

- **Status bar:** At standby swipe down to enter, it has Bluetooth, battery status, and Bluetooth audio, always-on screen switch, screen lock, ON/OFF, settings, do not disturb mode and other shortcut functions.

- **Notifications:** Slide up into the notification, notifications synchronous from phone, such as calls, WhatsApp, SMS, WeChat messages, when calls, messages coming, it will vibrate.

- **Pedometer, Distance, Calorie** : Monitoring daily steps, mileage, calories. Reset at 0 o'clock each day. Support 7 days records data in the watch.

- **Sports:** Multiple sports mode, select one to start, slide right to pause the exercise. It records duration, calorie consumption and heart rate etc. data.

- **Heart rate:** When this function is activated, the heart rate is being measured by the device scanning the surface capillary of the skin with green optical diodes. Please allow for about 2 seconds to start measuring and recording. Slide to other menus to stop measuring. Please refer to information about average heart rate, heart rate while exercising for your age group and gender online and/or ask your medical practitioner for advice.

Please note: The device is not a medical device. Any values shown are for reference only.

#### **Blood Pressure Function:**

Please put your hands flat on a surface and do not move. When this function is activated, it needs about 45 - 50 seconds of measuring and reading to provide a result

Please note: The device is not a medical device. Any values shown are for reference only.

#### **Electrocardiogram (ECG) Function:**

The device combines an optical heart rate sensor and ECG sensor to show information about the user's heart function for reference. When this function is activated, it needs about 30 seconds of measuring and reading to provide a result at the App to review.

Please note: The device is not a medical device. Any values shown are for reference only.

#### **Blood Oxygen Function:**

Blood oxygen (SP02H) level is the amount of oxygen circulating in the blood. Please refer to information about healthy or abnormal blood oxygen percentage for your age group and gender online and/or ask your medical practitioner for advice.

Please note: The device is not a medical device. Any values shown are for reference only.

- **Sleep monitor:** Sleep monitoring will be automatically active from 21:30pm to 12:00pm the next day. You can check the details of sleep quality with the App in the phone.

- **Passcode lock:** The password lock will take effect after the screen is off for 5 seconds. Entering a 4-digit password will automatically turn on the password function. Turn off the switch when unlocked, and you can enter a new password. If you forget the original set password, enter 1819 Unlock directly.

- **Stopwatch:** Press the start and pause, again press for stop..

- **Remote control music:** Play the music at phone side, control at the watch side.

- **About:** Tap to enter, check device model, firmware version, Bluetooth address.

- **Reset:** Recovery device.

- **Alarm:** Set several alarm clocks through the App in the phone.

- **Sedentary Reminder:** You can set time to remind yourself stand up.

- **Find phone:** Tap to activate the connected phone ringtone.

- **Wrist bright screen:** Set it in the App, it takes more power consumption when it is on.